FORT MASON CENTER

African-American Inventors & Scientists featured at the African-American Historical & Cultural Society through the month of February

Photo: Bill Crite

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY.

February 1984

DIRECTIONS:

East Bay
Bay Bridge to Broadway Exit. Follow Broadway to Laguna & turn right. At Marina Blvd. turn left to Buchanan. At Buchanan turn sharp right into Fort Mason Center.

Peninsula
US 101 North to Franklin St. Exit. Follow Franklin to Bay and turn left. Take Bay to Buchanan and turn right. Cross Marina Blvd. and sharp right into Fort Mason Center.

Fort Mason Foundation
Building A, Fort Mason Center
San Francisco, CA 94123

TIME VALUE: FEBRUARY 1, 1984

Non-Profit Organization
U.S. Postage
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Permit No. 1977

Archives for the Perf. Arts
Russell Hartley, Archivist
War Memorial Opera House
San Francisco, CA 94102

Change of Address: Forward both old and new addresses, plus a copy of your most recent mailing label, if possible, to Calendar, Fort Mason Center, Building A, San Francisco, CA 94123.

DATED MATERIAL

Residents Directory

Fort Mason Center houses over fifty resident organizations. These groups can provide you with information on the recording business, dance, broadcasting, theatre, river rafting, marine ecosystems, printmaking, copyrights, boatbuilding, freelance writing and much more. Drop in at their offices to find out about classes, services, speakers or trips made available to you by these outstanding Bay Area groups.

BLDG. A
Ace Mailing (771-6280)
City Arts Monthly/City Celebration (474-3914)
Contemporary Crafts, Meyer, Breier, Weiss (928-2119)
Fort Mason Foundation (441-5706)
Greens Restaurant (771-6222)
SFMMA Rental Gallery (441-4777)
Tassajara Bread Bakery 2 (771-6330)

BLDG. B
Arts Arbitration & Mediation Services (775-7715 or 775-7200)
Community College Art Center at Fort Mason (776-8247)
Cooks & Company (673-4137)
Marine Exchange (982-7788)
People's Theater Coalition (885-2790/office, 776-8999/box office)
World Print Council (776-9200)

BLDG. C
Academy of Media & Theatre Arts (776-4720)
African-American Historical & Cultural Society (441-0640)
Bay Area Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
Feedback Productions: Make-A-Circus, Tale Spinners (776-8477)
Friends of the River (771-0400)
The Fund for Animals (474-4020)
Perception Gallery (776-0347)
Performing Arts Workshop (673-2634)
S.F. Bay Area Dance Coalition (673-8172)
S.F. Central Y.M.C.A. (885-0460)
S.F. Children's Art Center (771-0292)
S.F. Folk Music Center (441-8910)
S.F. Theatre Academy (775-1533)
Tamalpa Inst./Dancers' Workshop of S.F. (771-1212)

BLDG. D
Artists in Print (673-6941)
Blue Bear School of Music (673-3600)
Center for Educational Telecommunications (441-0322)
Friends of the S.F. Public Library (558-3770)
Magic Theatre (441-8001)
Media Alliance (441-2557)
Mexican Museum (441-0404)
Poetry Flim Workshop (621-3073)
Western Public Radio (771-1161)

MARINE CENTER

BLDG. E
Environmental Federation of California (441-5970)
Greenpeace (474-6767)
National Park Service
Collections Management (556-3797)
J. Porter Shaw Library (556-9870)
Lifeline Marine Research (775-6497)
Oceanic Expeditions (441-1106)
Oceanic Society (441-5970)
Oceans Magazine (441-1104)
Ploughshares Fund (775-2244)
Yacht Racing Assn. of S.F. Bay (771-9500)

PIER 3
National Liberty Ship, SS Jeremiah O'Brien (441-3101) east dock

PARKING LOT
Project Tektite (566-9390/771-7372) between Bldgs. E & F

BLDG. 201 Bay & Franklin entrance
Golden Gate National Recreation Area (GGNRA) Headquarters (556-0560)
Maritime Humanities Center (771-3488/89)

BLDG. 240 Bay & Franklin entrance
San Francisco Intl. Hostel (771-7277)

CALENDAR STAFF

Mary Wolcott, Communications Director
Joanne MacKenzie, Membership Coordinator
Janice Tong, Information Coordinator

We invite you to bring your conferences, classes, performances, meetings or benefits to Fort Mason. Space for suitable activities is available for a nominal daily or hourly fee. Enjoy the pleasure of teaching, working, or performing in this unusual national park location. Call 441-5706 for booking appointments and information.

SF FOLK MUSIC CENTER BENEFIT SCHEDULED FEBRUARY 25

Photo: Barry Lee Marris

Pete Seeger performs at the Berkeley Community Theater's 2/25 benefit.

On Saturday, February 25, at 8pm, the SF Folk Music Center will present "An Evening With Pete Seeger" at the Berkeley Community Theater. This special performance benefits the Folk Music Center, *Sing Out Magazine* and the Woody Guthrie Foundation.

The Folk Music Center (SFFMC), located in Building C at Fort Mason Center, is a non-profit organization. The purpose of the SFFMC is to provide California with an organized base for the exchange of information and knowledge about folk music. For many years, folk music activity has been centered on the East Coast, but since the inception of the SFFMC and its offshoot, Plowshares Coffeehouse, folk musicians from around the world have discovered a receptive audience in San Francisco. Plowshares' first concert was held on November 6, 1977, and since then the concerts (held on Friday and Sunday nights throughout most of the year) have showcased many well-known folk artists such as Kate Wolf, Gordon Bok, Jean Ritchie and Frankie Armstrong. The SFFMC also provides music workshops and acts as a clearinghouse for information about folk music activities all over the West Coast. All work at the SFFMC and Plowshares is done by volunteers. This year's Pete Seeger concert is a highlight for the members of the SFFMC and for Bay Area folk music fans alike.

Seeger, sometimes called "America's tuning fork," still actively performs at age 64. One of his talents lies in mobilizing large groups of people to unite in song and in spirit. Politically active since the 1930's, Seeger used folk music as a universal language to speak out against the Vietnam War, the atomic bomb and discrimination. Armed only with a banjo and microphone, he joins with groups battling for nuclear disarmament, civil rights and conservation. To date, Seeger has over 80 albums to his credit which include many old American folk tunes, and his well-known originals such as "Turn, Turn, Turn," "Where Have All the Flowers Gone," and "If I Had a Hammer." Seeger's efforts on behalf of countless causes are only equaled by his dedication to preserving and enhancing the tradition of American folk music.

Tickets for "An Evening With Pete Seeger" are available through BASS. For more information about the SF Folk Music Center and Plowshares Coffeehouse call 441-8910.

—Mary Connell

Coming Attractions 1984

JumpRopeAthon—American Heart Association Benefit
Apartment Living Show
Theater Communication Center of Bay Area Open House
Friends of the Library Book Sale
Jeremiah O'Brien Bay Cruise
3rd Annual S.F. Fair and Exposition
Tahiti Fete
S.F. Arts Festival
Computer Fair
S.F. Blues Festival
S.F. Folk Festival
S.F. Children's Fair
S.F. Fall Antiques Show

Watch for dates

Photo: Karen Taylor

Welcome to Fort Mason Center's newest program, Music Time. The program, under the direction of Chris Cahill, develops musical skills in children ages one to four, such as rhythm, pitch, ear training and singing.

58TH CELEBRATION OF BLACK CULTURE THIS MONTH

Photo: Bob Hsiang

Ishmael Reed, screenwriter, poet, novelist, essayist

This February marks the 58th annual national celebration of Black History Month. Joining in the festivities, the African-American Historical and Cultural Society has a full agenda planned. The Society plays a significant role in preserving black culture by providing Bay Area residents with programs and information throughout the year. The Society's headquarters contain a museum housing historical artifacts and pictures, a library, and a gallery featuring the works of black artists from around the world. Twice-weekly meetings are held to discuss black literature, and to give writers a chance to meet with currently published authors.

Beginning February 1st, the Museum will feature an exhibit called *The African-American Scientist-Inventor*. Among the various creations displayed will be a multi-stage rocket, a billiard cue rack, and a take-up device for the cable car. In conjunction with the exhibit, two workshops are being held, beginning with *The Magic and Fun of Inventing* on the 4th. Led by toy designer Paul Brown, this workshop is geared toward the future inventor (junior high school age and up) and will stress the creative side of inventing. Dealing with more practical matters, the second workshop, *Inventions: From Concept to Marketing*, will be conducted by Dr. Frank Crossley on the 15th. Dr. Crossley will discuss the "nuts and bolts" aspects of patenting and marketing your invention. Additionally this month, the Discussions of Black Literature meetings will focus on the writings of Ishmael Reed, and will include a guest appearance by the author. The final meeting of the month is a discussion of *City Preacher* by Ed Bullins, currently playing at Magic Theatre.

KQED plans to visit the Society to film three special messages about the contributions made by blacks in the areas of medicine, science and literature. These segments will be aired throughout February. For information about these events and more throughout San Francisco and the Bay Area, call the Society at 441-0640.

—Mary Connell

About Fort Mason

The Fort Mason Foundation, a privately-funded nonprofit organization, is engaged in renovating surplus military buildings at Fort Mason, headquarters of the Golden Gate National Recreation Area. The Foundation administers Fort Mason Center which is located on the Bay between Aquatic Park and the Marina Green. In almost seven years, the Center has become a national model for low-cost community-responsive urban parks.

Thank You!

The Fort Mason Foundation gratefully acknowledges contributions received from the following foundation, corporate and government donors:

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Join Us

Did you know that behind Fort Mason are hundreds of individuals like you who believe in the ideal of free and low-cost programs responsive to people's interest and needs?

BECOME A FRIEND OF THE FORT—Your support will help us to continue our transformation of this old fort into lively theatre, galleries, music halls, offices and classrooms. And your involvement in events and programs at the Center will help fulfill the possibilities of this unique project on San Francisco's waterfront.

Checks payable to
FORT MASON FOUNDATION
All contributions are tax-deductible to the extent allowable by law. For further information, call 441-5706 FORT MASON, Building A, San Francisco, CA 94123

- ☐ INDIVIDUAL ($15)
- ☐ BONUS/FAMILY 2 adults, children under 18 ($25)
- ☐ PARTICIPATING ($50)
- ☐ SUPPORTING ($100)
- ☐ DONOR ($250)
- ☐ SPONSOR ($500)
- ☐ PATRON ($1,000)

Friends of the Fort Benefits

Individual—Monthly Calendar • membership card • discount on Magic Theatre's season subscription (late summer and early fall) • discounts on single ticket prices for Magic Theatre, People's Theater • 5% off sales at SFMMA Rental Gallery • discounts on selected special events

Bonus/Family—All of the above + 2nd membership card (same names) + coupon book with over 30 discounts for plays, concerts, workshops, classes & activities

Participating—All of the above + coupon for free art quality special event poster

Supporting—All of the above + one (1) year subscription to *Oceans Magazine* & the opportunity to purchase up to four (4) tickets to a no-host dinner at Greens—complimentary wine

Donor—All of the above + two (2) tickets for a Whale Watching trip OR one (1) ticket for a Natural History trip to the Farallon Islands

Sponsor—All of the above + two (2) tickets to a Gala Opening Night at Magic Theatre (play & catered reception)

Patron—All of the above + two (2) tickets to a Liberty Ship Cruise

Name _____

Address _____

City _____ State _____

Zip _____ Phone ( ) _____

FORT MASON CENTER

Daily recorded messages of Fort Mason activities and events: 441-5705

February 1984

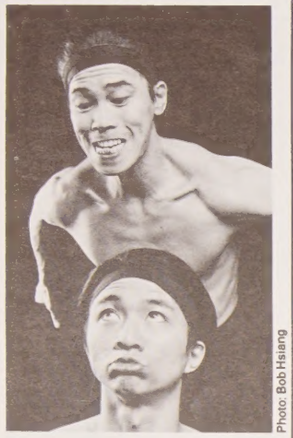

Photo: Bob Hsiang

The Dance & The Railroad see 2/2

1 WEDNESDAY
African-American Scientists & Inventors Scientific contributions to world technology from 1920 to 1983 by Africans & African-Americans will be presented by the African-American Historical & Cultural Society. 7pm Bldg C 441-0640

Vision Improvement Seminar on preventive eye care w/Dr. Ronald Heikkila explaining eye exercises & sports vision. 7–8:30pm FREE Bldg C 421-4545

- **These Men** A vital new comedy in which a "roommate wanted" notice leads two very different women into each other's lives. One is a sensuous, liberated, streetwise woman, the other a shy, protected, innocent young girl. The complexity of modern social mores is brought vividly to life as they find themselves reversing roles. Previews 2/1–4; runs: 2/8–3/18, Wed-Sun, 8:30pm, Sun matinees: 2/19 & 26, 2pm. $11–$8.50. FMC "Friends" $1 off w/mbrs card. At Magic Theatre Bldg D 441–8822

- **City Preacher** The world premiere of a new play by Ed Bullins. Set in Harlem in the 1930's, this powerful drama explores the relationship of a young European-educated black man to his father (a successful minister), family & community. Thru 2/19, Wed–Sun 8:30pm. Matinees: 2/5 & 12, 2pm. $8.50–$11, FMC "Friends" $1 off w/mbrs card. At Magic Theatre, Bldg D 441–8822

2 THURSDAY
The Dance & The Railroad by David Henry Hwang, revolves around two Chinese railroad workers during the later 1800's. Ma, newly arrived to "seek his fortune in the Gold Mountain," meets Lone, a fellow railroad worker who practices Chinese opera in his hideaway. Their relationship reveals the hopes & aspirations of the Chinese who come to America. Thur-Sun, thru 2/26, 8pm, $8.50–$9.50, FMC "Friends" $1 off w/mbrs card, at People's Theater, Bldg B 776–8999

Career Exploration Workshop Self-assessment, strategizing, decision-making, setting short & long-term goals, resume writing & interviewing techniques 2/2 & 9, 6–8pm $52 Bldg B 497–0657

- **These Men** see 2/1
- **City Preacher** see 2/1

3 FRIDAY
Oceanic Society Whale Watch 2½-hr naturalist-led boat trips to observe the migration of the grey whales. Fri–Sun thru 5/13. Boat leaves 9am/11:30am/2:15pm. $20 adult $16 child 474-3385

People's Republic of China Educational program spon. by U.S.–China People's Friendship Assoc. 7:30–9:30pm $2 Bldg B 863-0537

Underwater Photographic Society Monthly meeting 7:30–9:30pm FREE Bldg C 542-2776

Plowshares Coffeehouse presents Marie Rhines with exciting fiddle, viola & vocals. A must for fiddle enthusiasts. 8pm, $5 Bldg C 441-8910

- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

4 SATURDAY
The Magic & Fun of Inventing How to have fun developing those creative sparks of genius into a patented invention. Workshop by African-American Historical & Cultural Society 2pm FREE Bldg C 441-0640

Atari User Group Meeting Association of Atari computer owners & enthusiasts. 9:30am–1pm FREE Bldg C 524-7461

Partnership Agreements for Artists BALA seminar on the basics of partnership agreements for artists working together on projects or art businesses. 11am $5 Bldg B 775-7200

Are You a Psychic—Of Course! Reaffirm your spiritual-physical connection. Lecture/Demo 1–3pm FREE Bldg C 753-6001

Relax with Tax BALA seminar on the essentials of income tax information for individual artists and small art businesses. 9am–1:30pm $30/$25 before 1/30 Bldg B 775-7200

A Traveling Jewish Theatre An exclusive evening "backstage" of informal performance & conversation in the mystical, magical world of theater. 8pm, $8.50/door ($6.50/adv. available thru BASS) Bldg A 750-3095

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

5 SUNDAY
White Elephant Sale Used photo equipment & materials to buy or sell. Sponsored by the Professional Photographers of S.F. Check-in & viewing 8am–11am, sale starts at 11am, FREE adm. Bldg C 871-1474

Plowshares Coffeehouse presents Frank Ferrel & Bertram Levy w/an evening of fiddle, banjo & concertina music. 7:30pm $4 Bldg C 441-8910

- **Gertrude Stein & Edna St. Vincent Millay** A reading celebrating their poetry, their birthdays, & their lives. 7:30pm $2 FMC "Friends" 25% off w/mbrs card, Bldg D 621-3073

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

6 MONDAY
Oceanic Society monthly membership open house. 6:30pm FREE Bldg C 441-5970

7 TUESDAY
Playwright's Ctr. Script-reading/critique 7:30pm $2 Bldg C 931-2392

Friends of the River Auction see 2/8

8 WEDNESDAY
Friends of the River Fndn. Auction Items include: a trip to Hawaii, canoe, kayak & Grand Canyon river rafting trips. Auction begins 6:30pm at Bldg A 771-0400

- **These Men** see 2/1
- **City Preacher** see 2/1

9 THURSDAY
Golden Gate Audubon Society Monthly meeting w/film &/or slides 7:30–9pm FREE Bldg C 843-2222

Career Exploration Workshop see 2/2
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

10 FRIDAY
Irish Country Dance & Concert w/Larry Lynch. Dance to live music, live entertainment, audience participation. 7:30pm $4.50 Bldg C 863-6424

Art Auction spon. by Mt. Holyoke Club of N. California featuring over 150 pieces of fine art. Preview 6:30–7:30pm, auction 7:30pm. FREE adm. Bldg A 622-9560

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

11 SATURDAY
AM/FM Recycling Newspapers, loose papers; no magazines, telephone books or cardboard. Aluminum cleanec & flattened. Glass – all colors, caps removed. 2nd & 4th Sat, 2/11 & 25, 9am–2pm So. end, Bldg A 282-2479

Street Artists' Licenses A BALA attorney will lead a seminar on what every artist should know about S.F. city street licenses. 11am $5 Bldg B 775-7200

Chanting Homer Poet Nanos Valaozitis chanting his new translations of Homer, accompanied by Dianede Laet on concert harp. 2–4:30pm $3 Bldg B 549-1010

Shamanic Rituals of Healing Learn about sweat lodges, medical circles, & mushroom rituals w/Mishakai's Timothy White 10am–6pm $35 Bldg C (707) 942-0156

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

12 SUNDAY
Book Sale Hardcover & paperbacks will be on sale 4 for $1 or 30¢ each. Sponsored by the Friends of the S.F. Public Library. 9am–5pm FREE Bldg C 558-3770

- **Valentine Poetry Celebration** Amorous & romantic poetry from Edmund Spenser to Kenneth Patchen narrated by S.F. poets & actors + open mike & refreshments. 7:30pm $2 FMC "Friends" 25% off w/mbrs card Bldg D 621-3073

Plowshares Coffeehouse presents Charlie King & Martha Leader, "one of the best songwriters & singers of the 70's & 80's." 7:30pm $5 Bldg C 441-8910

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad see 2/2**
- **These Men** see 2/1
- **City Preacher** see 2/1

14 TUESDAY
Playwright's Ctr. Script-reading/critique 7:30pm $2 Bldg C 931-2392

15 WEDNESDAY
Inventions: From Concept To Marketing Review the process from concept to marketing. Successful inventors will discuss record-keeping, patent application, marketing strategy + more. 7pm FREE Bldg C 441-0640

Oceanic Society Conservation Task Force meets to discuss & implement a variety of conservation strategies. 6:30pm FREE Bldg E 441-5970

- **These Men** see 2/1
- **City Preacher** see 2/1

16 THURSDAY
Real Women/Real Men Preview Frog Prince Conspiracy presents a facilitated weekend celebrating honesty & understanding between the sexes. 6:30–10:30pm FREE Bldg C 652-4452

- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

17 FRIDAY
Group-Focused Psychotherapy Dr. Morton Lieberman presents a workshop on the unique contributions of the group process to psychotherapists. Pre-reg. required 9am–4pm $60–$40 Bldg A 435-1568

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

Photo: Allen Nomura

City Preacher see 2/1

18 SATURDAY
Black Writers Forum presents Ishmael Reed, poet, novelist, essayist, screenwriter, inventor of the neo-hoo-doo western. 1:30–3:30pm, FREE Bldg C 441-0460

SS Jeremiah O'Brien Open Ship Weekend Historic Liberty Ship is open w/engine running. Cherry tarts baked in original coal stove galley in honor of George Washington. 2/18 & 19, Sat & Sun, 11am–4pm, $6–$1 Pier 3 East Dock 441-3101

S.F. Apple Core Monthly meeting of Apple computer users. A chance to see new products demonstrated & discuss computers w/users. 10am–Noon FREE Bldg C 566-2342

Pen/West Translation Ctr. pres. Intensive French Translation Workshop led by Tom Mandell. 2–4:30pm $5 Bldg B 549-1010

Small Claims Court: Dispute Resolution BALA attorney Steve Siegal will conduct a seminar for artists on methods of dispute resolution. 11am $5 Bldg B 775-7200

- **Oceanic Whale Watch** see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

19 SUNDAY
Children's Animated Films Scary, humorous, fabulous films produced by children under 15. Sponsored by the Yellow Ball Workshop. 7:30pm $2 FMC "Friends" 25% off w/mbrs card Bldg D 621-3073

Plowshares Coffeehouse Tom McCreesh presents a blend of fiddling, singing & traditional stories. 7:30pm $4 Bldg C 441-8910

North Beach Grand Opera Performance of Verdi's "Aida" in concert version w/chorus. 2pm $10/$8 Srs, Stu. Bldg C 558-9143

SS Jeremiah O'Brien see 2/18
Oceanic Whale Watch see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1
- **City Preacher** see 2/1

20 MONDAY
S.F. IBM PC User Group Monthly meeting 8–10:30pm FREE Bldg A 386-3735

21 TUESDAY
Playwright's Ctr. Script-reading/critique 7:30pm $2 Bldg C 931-2392

22 WEDNESDAY
- **These Men** see 2/1

23 THURSDAY
AiP Slide Lecture on Graphic Design w/Greg Chew, ad agency art director, speaking on graphic design & role of the art director. 7:30pm $6 Bldg C 673-6941

- **The Dance & the Railroad** see 2/2
- **These Men** see 2/1

24 FRIDAY
- **Oceanic Whale Watch** see 2/3
- **The Dance & the Railroad** see 2/2
- **These Men** see 2/1

25 SATURDAY
Commission & Consignment Contracts BALA attorney David Fielding will conduct a seminar for artists & craftspeople. 11am $5 Bldg B 775-7200

Architectural Antique Auction Featuring the sale of antique stained & beveled glass windows, doors, mantels, & decorator items. Sat Sun, 2/25 & 26, Preview 9am–Noon, Auction Noon–5pm FREE adm. Bldg A (304) 523-6900

Oceanic Whale Watch see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1

26 SUNDAY
Plowshares Coffeehouse presents Malcolm Dalglish & Grey Larson performing exciting Irish music on hammered dulcimer, flute, guitar, fiddle, & concertina. 7:30pm $5 Bldg C 441-8910

- **Indian & Western Myths in Poetry Films** Ray Rice's "Butterflyman," Paco Lane's "Tree of Life," Zohar Gudi's "This is Samson," & Bernofsky's "Glamor." Showing starts at 7:30pm $2 FMC "Friends" 25% off w/mbrs card Bldg D 621-3073

Architectural Auction see 2/25
Oceanic Whale Watch see 2/3
- **The Dance & The Railroad** see 2/2
- **These Men** see 2/1

North Beach Grand Opera see 2/19

28 TUESDAY
Playwright's Ctr. Script-reading/critique 7:30pm $2 Bldg C 931-2392

29 WEDNESDAY
Cerebral Dominance Lecture Dr. Will Gordon, a Stanford neuropsychologist, presents left-right hemisphere discoveries related to memory, language, dementia & psychiatric disorders. 9am–4pm $30 Bldg A 856-9835

So You Want To Be Your Own Boss A panel discussion & small group discussion for & by women who've left their jobs to become entrepreneurs or consultants & those considering it. Presented by Alumnae Resources. 5:30–8pm $15 Bldg A 546-7220

- **These Men** see 2/1

Photo: Allen Nomura

People's School of Dramatic Arts see Classes & Workshops

Western Public Radio see Classes & Workshops

HAVING TROUBLE RECEIVING YOUR CALENDAR? Have you moved or changed your name recently? To assist you we need the following information.

Name (old and new)
Address (old and new)
ZIP CODE (old and new)
Telephone # — daytime
Date of most recent membership contribution

Children's Classes

SF Children's Art Ctr. offers instruction in painting, drawing, printmaking & sculpture. Individual attention to each child's development ages 2–10. Bldg C 771–0292

- **Children's Animation Workshop** Make your own films using cutouts, clay, collage & film strips. Make sound effects & graphics based on your own story/poem. Bring bag-lunch, drop-in attendance acceptable. Sun 11am–2pm. $5/cl. FMC "Friends" 25% off w/FMC mbrs card Bldg D 621–3073

Academy of Media & Theatre Arts offers a variety of classes in theatre, radio & video techniques for young people (5–18). For info call 751–4490

Music & Movement for Young Children You & your child will learn & have fun w/music thru body awareness, rhythm & movement, songs & finger plays. Tue & Fri 9:15, 10, & 11am $6/cl Bldg C 751–4490

Classes and Workshops

Performing Arts

People's School of Dramatic Arts offers professional, multi-disciplinary theater training in acting, playwriting, directing, make-up, voice, production + more. New musical theater classes begin 1/84. Bldg B 885–2766.

Blue Bear School of Music offers classes in jazz, rock & all styles of popular music + synthesizer & music business. Call for FREE catalog. Bldg D 673–3600

Song Evaluation Workshop Bring a guitar or cassette of your song & at least 15 copies of your lyrics. 2/14 Tue 7pm $5 Bldg B 524–5188

Academy of Media & Theatre Arts Spring classes for young people (7–18). Professional training in acting & production for stage, video, & radio at all levels. Bldg C Call 776–4720 for more info.

Tamalpa Institute of S.F.D.W. pres. Performance Laboratory in Characterization & Environmental Theater taught by Harry Gontz. 1/19-3/15 Tues 7–9pm $45/series Bldg C 771–1212

Community Youth Theatre Theatre group (15 & older) which devises shows for all sections of the community. Sponsored by Performing Arts Workshop. Sun 2–5pm & Wed 6–9pm $220 ½ year Bldg C 673–2634

Sue Walden Presents in Bldgs C/E 885–5678
Spontaneity Techniques 1 6/Tue 7:30pm $85 Bldg C
Spontaneity Techniques 2 6/Mon 7:30pm $95 Bldg E
Improvising Scenes 1, 2, & 3 $95/8 wks Scenes 1 Wed, Scenes 2 & 3 Mon, 7:30pm Bldg E
Improv. Approach to Audition Techniques 8/Tue $150 Bldg E

Health & Recreation

Let's Move w/Stephanie & Sheila Earle. A fast-paced workout for those who want to work hard. Sat 9am, Mon & Wed 6pm, Sat 9am. $3 drop-in $20 for 10 Bldg C 776–4509

Dancergetics Co-ed aerobic fitness program. Dance-exercises choreographed to music. All ages & levels of fitness. Mon Tue Thur 6pm, Sat 10am. $4/cl Bldg C 932–4465

New Dimensions w/Jean & Marilyn Taylor. Bldg C 456–7525
Seniors & People New to Exercise Special class w/emphasis on stretching, flexibility & general body toning, Tue Thur 10:30am. $4–$3 FREE for Seniors.
Aerobics Stretching, aerobics, total body conditioning to rhythmic music for better physical and mental well-being. Co-ed. Mon-Sun 9am, Mon-Fri 8am, Mon Wed Fri 5:30pm, Tue Thur 5pm. First class FREE $4/3 w/card.
Yoga Emphasis on stretching, flexibility, building physical strength, endurance & mental peace. Wed 4pm $5/4 w/card.

Shaping Up With Helene Enjoy Fitness! Total body workout through warm-ups, aerobics, muscle-toning & yoga stretching. Professional instruction/great music/co-ed for all fitness levels. Tue Thur 6pm Sat 10am $4.50 Bldg C 731–6093

The Work of Doris Breyer Gentle movement utilizing the body's healing energy creating aliveness, flexibility & health in rigid joints & tight muscles. Sat 9am $5 Bldg C 221–4444 ext 959

YMCA Classes—Ballroom Dance Ernie Haesslein's popular class for beginners thru advanced, + an hour of social dancing. Wed 7:30–10:30pm 8wks. Singles $22/17 Y mbrs, couples $40/30 Y mbrs Bldg C 885–0460

Dance Exercise w/Judy Kilmartin. A fitness program of warmup, stretching & aerobic dance to music. Improve strength, endurance & muscle tone. Mon & Thur 6:30pm $35/6 wks or $3 Bldg C 388–4970

Greek Folk Dance Class w/Anna Efstathiou. Mon 7–10pm $5–$4 Bldg C 339–8357.

Irish Country Dance Lessons w/Larry Lynch, US Champion Dancer. Learn fundamentals of round, long, square & couples dancing. Thur 7pm $25/7 cl Bldg C 863–6424

- **FRIENDS OF THE FORT DISCOUNTS**

Education

African-American Historical & Cultural Society workshops. Info. Bldg C 441–0640
Critical Discussions of Black Literature meets every Wed: 2/1 Film of Ishmael Reed; 2/8 Mumbo Jumbo; 2/15 Last Days of Louisiana Red; 2/22 Terrible Twos; 2/29 essays. 7:30pm FREE
Professional Writing Preparation covers: press releases, grant writing, writing instructions & lab work. Sat 4–5:30pm 2/4–25 FREE
Black Writers Workshops continues the study of African-American traditional literary forms & crafts for Black History Month. Sat 2/4–25 1:30–3:30pm FREE

Tear Gas/Mace Self-Defense Course incls: tear gas training & permit, instruction in psychology of assault prevention, & simple defense skills. W./Judith Fein, Ph.D., author, Blk. Belt Korean Karate. Wed 2/15 7pm & Sat 2/18 10am $22/$18 adv. $10/Srs, disabled. Bldg C. 564–9140

- **Word Magic/The Power of Language** An experimental writing wkshp for poetry & fiction covering innovations of classic modern poets + exercises to stimulate originality. Wed 7pm $5/cl Friends of the Fort 25% off w/FMC mbrs card. Bldg D 621–3073

Intro. to the Ideas of Gurdjieff The Land House Gurdjieff group started by the late W.A. Nyland pres. weekly meetings to discuss & learn practical application of Gurdjieff's work. Tue 8pm FREE Bldg C 626–9301

Lecture & Demonstration of Metaphysical Arts by Order of Amron Metaphysical Service. Sun 10:45am–2pm FREE Bldg C 567–1723

Backpacking for Beginners Learn safe, enjoyable, environmentally sound ways to backpack & experience the wilderness. Tue 2/7–28 7–10pm $55 Bldg C 563–7681

Oceanic Society offers courses in celestial navigation & boat building plus a speakers' bureau & slide shows. Call for more info. Bldg C 441–5970

Sensory Awareness Explorations Learn relation to gravity, the earth, air, space, other creatures & our own functioning. Wed 10am or 6pm $250 Bldg C 388–3219

Group Discussion Support Group Learn to release fear in all its forms & extend love's presence to all who remain in fear. Fri 2/3–24 $2 Bldg C 346–6733

Esoteric Principles for the 1980's Learn to use understanding to clear anger, fear, depression & inner turmoil. Thur 7:30–9pm $3 Bldg C 587–2878

Learn to Meditate Deepen your understanding of meditation. Inclds: talks, video, instruction & practice. Presented by S.Y.D.A. Fndn. 3/Thur 2/9–23 7:30pm $30 Bldg A 655–8677

Career Exploration Self-assessment, strategizing, decision-making, setting long/short-term goals, resume writing & interviewing techniques are covered in this 4/Thur 2/hr course. 6pm 2/16–3/8 $52 Bldg B 497–0657

Environment

Owner Builder Ctr. offers ongoing courses: Plan Drawing, Design, Housebuilding & Remodeling. Info & reg. call 526–9222

Martial Arts

ICI Tai Chi Chuan w/Sifu Fong Ha. Complete classical forms w/emphasis on meditative aspects. Tue Thur 7–9:30pm $45/mo. Bldg C 524–4718

Chinese Martial Arts w/Jack Man Wong. Tai Chi Chuan & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. Wed Fri 6–8pm, Sun 10am–12pm Bldg C $30/mo. 261–7105

Filipino Martial Arts A continuing class in a unique form of martial arts which will enhance previous martial arts training. Tue 7–8:30pm $30/mo. Bldg C 883–9548

Kung Fu Northern Shaolin & Wing Tsun w/Hymo Schauer Thur 6pm $25 Bldg E 346–4532

All events are presented through the cooperation of Fort Mason Foundation and the Golden Gate National Recreation Area. Visit Fort Mason Center. Arrangements can be made for the handicapped if notified in advance. Ramps and elevators are available. Offices are open Monday-Saturday from 9am-5pm. Call 441-5706. Fort Mason Center is located at Laguna Street and Marina Boulevard, San Francisco, CA 94123.

Visual Arts & Media

Ft. Mason Art Ctr. offers ongoing classes in painting, drawing, glass, sculpture, jewelry-making, batik, ceramics, quilting, weaving, art critique & curatorship. A Galileo-Marina Community College Ctr. program open to anyone 18 years of age & older. In Bldg B 776–8247

- **Basic Film Workshop** Intro. filmmaking course incls: camera operation, script writing, pre-editing & creation of a 3 min. film. 1 to 1 guidance in editing & sound. Next course begins 3/4. Sun 3–6pm $75/8 wks, FMC "Friends" 25% off w/FMC mbrs card, Bldg D 621–3073

- **Intermediate Film Wkshp** Critique of previous work, analysis of new scenarios, more on-location filming, more pre-editing & a 7–10 minute film. Next session 3/4. $75/8 wks FMC "Friends" 25% off w/mbrs card. Bldg D Call for info. 621–3073

Western Public Radio offers classes: Basic Radio Production, Basic Voice Techniques, Voicing Commercials, Advanced Production Technique & On-Air Board Operations. For reservations & information call 771–1160. Bldg D

Artists in Print offers workshops in pasteup/production, graphic design, illustration, advertising agency art direction each fall & spring. For info. please write AiP Survival Workshops, Fort Mason Center, SF 94123, & enclose a SASE 673–6941

Writing for Self-Expression & Publication Elliott Joseph helps you develop your own style of written expression & learn how to satisfy needs of editors & readers. 6/Thur 2/23–3/29 $90 Bldg C 441–5717

Media Alliance Classes/Panels Info & Registration Bldg D 441–2557
Publicity for Authors Design a publicity campaign to sell your book. 2/25 9:30am–4:30pm $35
Grappling with Graphics Creating effective brochures & flyers. 5/Thurs 2/23–3/22 6:30–9pm $55
T.V. Documentary Workshop Turning ideas into documentary programs: addresses preproduction, shooting & distribution. 3/Mon 2/27–3/12 6:30–9pm $55
Feature Writing Workshop Opportunity to write feature stories based on in-class interview. 5/Wed 2/22–3/21 6:30–8:30pm $60

Galleries

African-American Historical & Cultural Society presents Contemporary African-American Scientists & Inventors from 1920-1983. An exhibition of inventions by contemporary African-American inventors from toys all over the world to metals used in jumbo jets. 2/1–6/30 Tue–Sat, noon–5pm, FREE Bldg C 441-0640

The Tradition Continues: California Black Photographers Exhibit from the California Museum of Afro-American History & Culture offers a rare generational view of the field of Black photography in California, documenting its past, illuminating its present & encouraging its future development. Fort Mason Fndn. Lobby 2/7–28 Mon–Sat 9am–5pm FREE Bldg A 441–5706

Mexican Museum Wed-Sun noon–5pm $1 adm Bldg D 441-0404
Mexican Textiles & Adornments Selection of textiles & costumes from different regions of Mexico. 2/16–5/13
Pre-Hispanic Objects from the Casas Grandes region of Mexico on loan from the Lowie Museum of Anthropology. Thru August
Mexican Ceramics Thru 2/12

Perception Gallery Daily noon–4pm FREE Bldg C 776-0347
Art as Metaphor Works on paper by Elaine Amoruso. 2/20–3/11
Paintings by Janet Kuhn. Reception 2/3 5–8pm 1/30–2/19

Contemporary Crafts Meyer Breier Weiss Gallery presents porcelain by Roseline DeLisle, & glass by Walter Lieberman. 2/7–3/3 Tue–Sat, 11am–5pm, Bldg A 928-2119

World Print Gallery presents Contemporary California Printmakers—a juried exhibition of work by members of the California Society of Printmakers. 1/11–2/24, Mon–Fri 10am–5pm FREE Bldg B 776-9200

On Common Ground examines the history, condition & prospects for New England village greens & town commons. The exhibit is designed to show how to keep public land green & beautiful, restore it to wise use, & plan for its future. Fort Mason Fndn. Lobby 1/10–2/4 Mon–Sat 9am–5pm FREE Bldg A 441-5706